



# All Wales Guideline for Ambulance Service Management of Bronchiolitis

## Diagnosis

- Age <1 year
- A coryzal prodrome lasting 1 to 3 days
- Persistent cough
- Tachypnoea and/or chest recessions
- Crackles and/or wheeze

- Children age 1-2 years may also contract RSV bronchiolitis and should be managed similarly to infants
- COVID infection is unlikely to cause severe disease in children
- IPC precautions apply to all patients with respiratory infection
- Always take parental and caregiver concerns into account

## Mild

- Oxygen sats >92%
- Mild respiratory distress
- Feeds >75% normal
- Wet nappies

## Moderate

- Oxygen sats >92%
- Moderate respiratory distress
- Feeds 50-75% normal
- Decreased wet nappies

## Severe

- Oxygen sats ≤92%
- Severe respiratory distress
- Feeds <50% normal
- Lethargic and tiring
- Apnoeas

If Oxygen sats <94%  
Ambulance policy is for  
transfer to hospital for  
assessment

## If Oxygen sats >94%

### Use clinical judgement Consider hospital review

- Early stages of illness (D1-3)
- Risk factors for severe disease
- Difficult social circumstances
- Low skills/ confidence in carer
- <4 weeks of age
- Previous respiratory admission

### Discuss with Primary Care

Can child stay at home?

- Explain diagnosis
- Refer to patient advice sheet
- Explain expected time course for disease
- Discuss red flags suggesting deterioration
- Address parental smoking
- Think "safeguarding"
- Consider follow-up to monitor disease progress in 24-48 hours

Patient advice page and leaflet



Minimal handling  
Oxygen to maintain sats >92%

Ambulance transfer to hospital

Hospital review

## Alternative Diagnosis

**High Fever (>39 °C, or >38 °C in age <3/12)**

**Poor capillary refill**

Think bacterial infection:

- Pneumonia
- Sepsis
- Meningitis

### Review

NICE NG143 Guideline: Fever in under 5s

Traffic light system for serious illness

## Risk factors for severe disease

- Congenital heart disease
- Chronic lung disease
- Preterm (born <32 weeks gestation)
- Neuromuscular disorder
- Immunodeficiency

**Low threshold for admission and individualised management plan**

## Respiratory distress

### Mild

- Minimal chest recessions
- Tachypnoea
- <50 breaths/min age <1yrs
- <40 breaths/min age 1-2 yrs

### Moderate

- Moderate chest recession
- Nasal flare
- Tachypnoea
- >50 breaths/min age <1yrs
- >40 breaths/min age 1-2 yrs

### Severe

- Severe chest recession
- Expiratory grunting
- Use of accessory muscles
- Tachypnoea
- >60 breaths/min

## Evidence-based medicine

**Bronchiolitis does not respond to:**

- Hypertonic saline
- Bronchodilators
- Anticholinergics
- Inhaled steroids
- Oral steroids