

The TRACHES Checklist

The simple things you need to do to look after an adult patient with a Tracheostomy in the community

Adults

In the community



TRACHEOSTOMY PASSPORT

Ensure every patient in the community has a **personalised Tracheostomy Passport**, including information about their care needs and red flags, and this is updated regularly.



Scan the QR code to find out more about TRACHEShub, a digital Tracheostomy Passport

REGULAR STOMA CARE

Appropriate **daily stoma cleaning** and application of barrier cream.

Dressing is checked and changed to protect the stoma.

ASSESSMENT OF THE TRACHE TUBE

Check tube position is **central** and ensure **tapes are secured** - should be able to pass two fingers beneath the tape.

Ensure inner tube is **in place at all times**; this should be checked and cleaned regularly.

Know how to check cuff pressure and ensure it is maintained.

COMMUNICATION HUMIDIFICATION

Know how to communicate with your patient. Ensure patient can **access all required communication aids**.

Every patient should use humidification **at all times**.

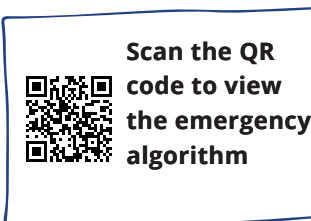
EMERGENCY MANAGEMENT

Ensure **emergency box and algorithm** is in place.

Know your patient's individual algorithms and advanced care plan.

SECRETION MANAGEMENT

Know your patient's **regular airway clearance and secretion** management, including use of nebulisers, suction and adjuncts.



Scan the QR code to view the emergency algorithm