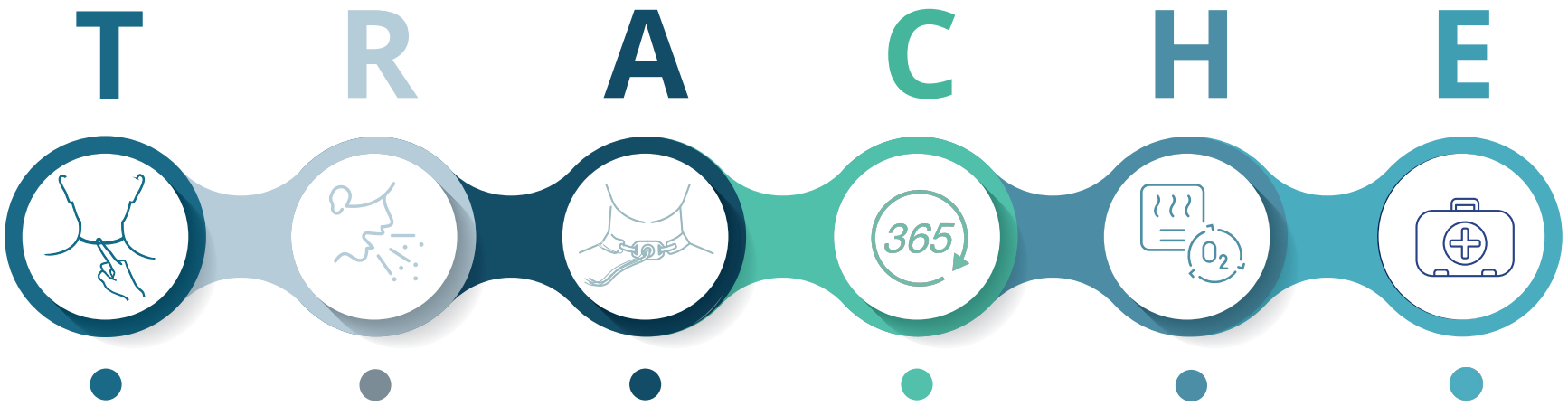
Scan the QR code to find more about the TRACHE checklist

The TRACHE Checklist

Paediatrics

The simple steps to look after a child with a Tracheostomy



TAPES

Ensure tension of tapes is tight enough to **keep tube secure**.

One finger should fit comfortably between the child's neck and the tapes.

RESUS

Know the resuscitation process: **S**afety, **S**timulate, **S**hout for help, **S**uction

Scan the QR code to find out more about the resuscitation process

AIRWAY CLEAR

Use correct catheter size and length, only suctioning **just beyond** the end of the child's tube.

The catheter size should be double the size of the tube, e.g. 8 FG catheter for a 4.0 ID tube.

CARE OF THE SITE

The stoma and neck should be cleaned **at least daily**, and any skin breakdown **noted and treated**.

Don't forget the back of the neck!

HUMIDITY

Additional **humidification is essential to keep the tube clear.**

Use most **appropriate method** to suit patient need; either a water system or Heat and Moisture Exchanger (HME/ Swedish nose)

EMERGENCY BOX

Ensure emergency box is **always present** and contains the **correct equipment**

Scan the QR code to find out more about the emergency box

Developed by Great Ormond Street Hospital and colleagues