



Providing High-Value Care

Pulmonary Rehabilitation Referral

PROJECT OVERVIEW

STEP 1

As part of routine COPD review, identify and code correctly the patient's MRC score.

STEP 2

Refer patients with a score between 3-5 for pulmonary rehabilitation and code accordingly.

MORE DETAILS

STEP 1 - DURING A PATIENT REVIEW CHECK THE PATIENT'S MRC SCORE

During a routine COPD review, check the patient's MRC score:

1. Not troubled by breathless except on strenuous exercise
2. Short of breath when hurrying on a level or when walking up a slight hill
3. Walks slower than most people on the level, stops after a mile or so, or stops after 15 minutes walking at own pace
4. Stops for breath after walking 100 yards, or after a few minutes on level ground
5. Too breathless to leave the house, or breathless when dressing/undressing

Code the patient's MRC score appropriately:

MRC 1

- Read code: 173H.
- SNOMED code: 391120009

MRC 2

- Read code: 173I.
- SNOMED code: 391123006

MRC 3

- Read code: 173J.
- SNOMED code: 391124000

MRC 4

- Read code: 173K.
- SNOMED code: 391125004

MRC 5

- Read code: 173L.
- SNOMED code: 391126003

STEP 2 - MAKE A REFERRAL

Identify any patients who are functionally disabled by their breathlessness, i.e. they have a Medical Research Council Dyspnoea Score between 3 and 5.

For those patients who have a MRC score between 3 and 5, discuss referral to Pulmonary Rehabilitation and code it accordingly:

- Read code: 8H7u.
- SNOMED code: 24461000000105