



The Institute of
Clinical Science & Technology

Inhaler technique check

Promote the Healthhub apps

PROJECT OVERVIEW

STEP 1

Identify every patient on the Asthma and COPD registers.

STEP 2

Refer all patients to COPDhub or Astmahub or Astmahub for parents apps.

MORE DETAILS

STEP 1 - IDENTIFY YOUR ASTHMA AND COPD REGISTERS

Identify every patient on your Asthma and COPD registers.

STEP 2 - PROMOTE THE HEALTHHUB APPS

Using text messages, emails or printed leaflets (linked in the Resources section) to ensure the population of patients with Asthma and COPD on your registers are aware of the Healthhub app as a mechanism for learning more about their lung condition, checking their inhaler technique, monitoring their symptoms for signs of deterioration and a supplementary exercise programme that they can try at home.