

## Letter Template

Simply use this template and modify it as needed to send out to patients on your Asthma register.

*[Patient Address]*

*[Practice/NHS logo]*

### **The NHS Wales self-management Apps for Asthma**

Dear *[Patient Name]*,

We are writing to you to inform you about the new NHS Wales self-management App for adults with Asthma which is now available on Google Play (Android) and the App Store (Apple).

The purpose of the App is to support the long-term management of people with Asthma to help you stay well. The App provides excellent quality advice, education and support.

The App has been developed with and will continue to be updated by NHS experts in Asthma. They are freely available in both Welsh and English.

The Apps do not replace healthcare advice but offer supplementary information about good Asthma care and provide a means to monitor and record particularly useful information about your condition outside of the healthcare environment.

As someone with Asthma registered at our surgery, we think this App will benefit the management of your asthma would therefore encourage you to download and make use of it.

For more information, please visit the App website at **<https://healthhub.wales>**. Should you require more support, please contact the Healthhub team at **[support@healthhub.wales](mailto:support@healthhub.wales)**

With Kind Regards,

*[Your GP Surgery]*

*[GP address]*