



Respiratory Health
Implementation Group
Y Grŵp Gwellthredu
ar Iechyd Anadlol

The NHS Wales Respiratory Apps for patients

We have created a suite of apps to help manage
your respiratory condition



More information at: <https://healthhub.wales>



Choose the app that supports you or your child

Asthmahub
For Parents



COPDhub



Asthmahub



Designed by The Institute of Clinical Science & Technology



Choose the Respiratory app that supports you

Our aim is to provide you with better access to the right information, delivered and supported by your Doctors, Nurses and other Healthcare Professionals across Wales. We expect you to receive the very best care and support to manage your condition, irrespective of where you live in Wales.



Choose the app for you



The features

 | **Personalised plan**
Everything you need in the palm of your hand

 | **Monitor and record**
Keep track of your symptoms and test results

 | **Advice and support**
Get helpful advice if your symptoms get worse

 | **Educational videos**
Instructional & inspirational videos delivered by experts in Wales



Choose the app that supports you or your child



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Apiau Anadlol GIG Cymru ar gyfer cleifion

Rydym wedi creu cyfres o apiau i helpu i reoli
eich cyflwr anadlol



Rhagor o wybodaeth yn: <https://healthhub.wales>

Sgwaniwch yma



Dewiswch yr ap sy'n eich cefnogi chi neu'ch plentyn

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Dyluniwyd gan Sefydliad Gwyddoniaeth Glinigol a Thechnoleg



Dewiswch yr ap sy'n eich cefnogi chi

Ein nod yw rhoi gwell mynediad i chi i'r wybodaeth gywir, sydd wedi'i darparu a'i gefnogi gan eich Meddygon, Nyrsys a Gweithwyr Proffesiynol Gofal Iechyd eraill ledled Cymru. Rydym yn disgwyl i chi dderbyn y gofal a'r gefnogaeth orau i realu'ch cyflwr, ni waeth ble rydych chi'n byw yng Nghymru.

Dewis yr ap i chi



Y nodweddion

 | **Cynllun personol**
Popeth sydd ei angen arnoch chi yng nghledr eich llaw

 | **Monitro a chofnodi**
Cadw golwg ar eich symptomau a'ch canlyniadau profion

 | **Cyngor a chymorth**
Cael cyngor defnyddiol os bydd eich symptomau'n gwaethygu

 | **Fideos addysgol**
Fideos cyfarwyddiadol ac ysbrydoledig sydd wedi'u cyflwyno gan arbenigwyr yng Nghymru

Sgwathwch yma



Dewiswch yr ap sy'n eich cefnogi chi neu'ch plentyn

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